

Lisa Peredia

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Professional Summary

Licensed Marriage and Family Therapist with over 13 years of clinical and administrative leadership in university and community mental health settings. Currently serving as Director of the California Baptist University Counseling Center (CBUCC), providing strategic oversight for Christ-centered and psychologically sound clinical services, staff development, and program innovation. Experienced in crisis response, accreditation compliance, budget management, and faith-integrated supervision that advances student well-being and professional formation. Known for cultivating a collaborative and data-driven culture of care that aligns with spiritual, emotional, and academic wellness.

Core Skills

- Strategic Leadership and Organizational Management
- Clinical Supervision and Training Oversight
- Crisis Intervention and Risk Assessment
- Program Development and Evaluation
- Campus Partnership and Community Engagement
- Student Mental Health and Wellness
- Budget Planning and Resource Stewardship
- Faith-Integrated Clinical Practice and Training
- Data Analysis and Program Assessment
- Regulatory Compliance

Education

Doctor of Philosophy | December 2026 | Grand Canyon University

Major: Counselor Education and Supervision

Dissertation Focus: Examining the Supervisory Relationship as a Predictor of Mental Well-Being among Counselors-in-Training.

Master of Science | December 2012 | University of Phoenix

Major: Counseling in Marriage, Family, and Child Therapy

Bachelor of Arts | December 2007 | California State University, San Bernardino

Major: Criminal Justice

Experience

Director of the Counseling Center | California Baptist University | February 2025 - Present

Assistant Director of the Counseling Center | California Baptist University | March 2022 – February 2025

Oversees all clinical, administrative, and operational functions of the CBU Counseling Center, ensuring alignment with Christian values and institutional goals. Provides executive leadership for strategic planning, policy development, clinical excellence, staff supervision, and wellness initiatives that support the psychological and spiritual needs of students, and growing community and campus partnerships.

- **Executive Leadership and Oversight:** Directs Counseling Center operations, including staffing, budget stewardship, program development, compliance, and departmental planning per university standards.
- **Clinical Supervision and Quality Care:** Leads supervision of clinical staff and trainees, integrating developmental models of supervision into therapeutic practice while ensuring adherence to ethical and legal standards.
- **Interdepartmental Collaboration:** Serves as primary liaison to university departments, crisis response teams, and student support services to coordinate campus-wide mental health initiatives.
- **Training Program Direction:** Oversees the trainee and associate practicum program, including curriculum development, clinical supervision, and evaluation processes for student development.
- **Budget and Resource Management:** Manages and ensures strategic allocation of financial and operational resources to support clinician training, outreach, and service delivery.

- **Crisis and Risk Management:** Directs after-hours crisis response systems, coordinates high-risk case reviews, and upholds procedures for student safety and emergency intervention.
- **Marketing and Outreach Leadership:** Enhances mental health awareness and Counseling Center visibility through campus-wide campaigns, presentations, and strategic communication.
- **Professional Development and Training:** Provides ongoing training, mentorship, and evaluation for clinical and administrative staff, fostering a culture of growth and excellence.
- **Accreditation and Compliance Oversight:** Maintains up-to-date knowledge of relevant clinical, legal, and educational standards to ensure departmental alignment with best practices and regulatory requirements.

**Clinical Compliance Supervisor | Behavioral Health Counselor 1 | Clinical Counselor Specialist
San Bernardino County Superintendent of Schools' Student Services Counseling Center
March 2013 – March 2022**

Served in progressively advanced roles integrating clinical care, compliance oversight, and program development for at-risk youth across community, probation, and school-based settings. Led initiatives to ensure legal compliance, improve service delivery, and support both clinical and administrative functions.

- **Compliance and Administrative Leadership:** Directed Medi-Cal chart audits, policy development, and adherence to federal, state, and county behavioral health regulations. Maintained oversight of ERMHS services within Juvenile Hall and coordinated quality assurance trainings to ensure organizational accountability.
- **Clinical Supervision and Therapeutic Services:** Provided individual, group, and family therapy with an emphasis on trauma, grief, PTSD, depression, anxiety, and behavioral disorders. Conducted suicide and Tarasoff risk assessments, delivered substance use treatment, and administered psychoeducational groups.
- **Program Development and Improvement:** Supported the Behavioral Health program's operations and performance improvement strategies. Authored grants, analyzed service data, and led initiatives to optimize clinic efficiency and regulatory alignment.
- **Billing and Documentation Oversight:** Ensured compliance with Medi-Cal and DBH documentation standards, conducted regular audits, and trained clinical staff in billing protocols and culturally competent care.
- **Interdepartmental Collaboration and Training:** Served as liaison with county departments, school districts, and external agencies. Delivered staff training on electronic health record systems, compliance, and clinical documentation.
- **Specialized Youth Support Services:** Coordinated care for high-risk youth including those in foster care, juvenile probation, or homelessness. Led treatment planning and facilitated access to community resources. Acted as McKinney-Vento Liaison to ensure support for homeless students.
- **Supervisory and Leadership Support:** Mentored and trained clinical staff, oversaw administrative operations, and implemented departmental policies to enhance compliance and clinical excellence.

**Receiving Manager | The Home Depot
September 2005 – March 2013**

Advanced through five leadership promotions over seven years, overseeing store operations, staff training, and inventory management. Focused on operational integrity, team development, and customer service excellence.

- **Training and Development:** Designed and implemented training programs for new supervisors and associates using visual, digital, and hands-on modalities to ensure consistency in staff performance and customer service.
- **Store Operations and Security:** Managed day-to-day operations including shipping/receiving, inventory control, vault and cash security, opening and closing procedures, and customer satisfaction initiatives.
- **Safety and Compliance:** Served as OSHA safety inspector, ensuring that workplace safety standards were consistently met.
- **Progressive Leadership:** Earned multiple promotions from part-time cashier to senior supervisory roles, including Merchandising Supervisor, Specialty Supervisor, and Pro-Account Sales Specialist.

Traineeship

MFT Trainee/Quality Control Specialist | New Beginnings Addiction and Recovery Center

February 2012 – March 2013

Supported court-mandated treatment and recovery services for adolescents and adults, integrating trauma-focused therapy with regulatory compliance and case management oversight.

- **Clinical Case Management:** Delivered individual and group therapy to clients in level 12 and 14 homes and school-referral programs. Addressed substance use, trauma, and family system issues for court-ordered populations.
- **Training and Documentation Oversight:** Trained MFT Trainees on clinical documentation per Title 22 and county/federal standards. Guided treatment planning, charting deadlines, and case coordination.
- **Compliance and Quality Control:** Performed quality assurance checks on case files and client records to ensure compliance with county and state mental health protocols.
- **Addiction and Recovery Services:** Functioned as a Social Worker for a female group home, supporting recovery plans, group processes, and behavioral health stabilization.

Professional Affiliations

California Association of Marriage and Family Therapists (CAMFT)	Current
Association for Counselor Education and Supervision (ACES)	Current
American Association of Christian Counselors (AACC)	Current
Center for Collegiate Mental Health (CCMH)	Current
Association for University and College Counseling Center Directors (AUCCCD)	Current
Organization of California Counseling Directors in Higher Education (OCCDHE)	Current

Professional Certifications

Licensed Marriage and Family Therapist	Exp. May 2026
National Provider Identifier Number – 1760758007	Current
CAMFT Certified Supervisor	Current

Additional Trainings

Certified in Prepare and Enriched, EMDR, DBT, Youth Mental Health First Aid, MAA billing, and DBH/DMH documentation. Trained in Child Adolescent Needs and Strengths Assessment (CANS), DSM-5, Violet Oaklander Projective Art and Play Therapy, Trauma Resiliency Model (TRM), and Trauma Supportive Care, including for minorities. Experienced in Integrative Treatment of Complex Trauma for Adolescents (ITCT-A), IEP Training, Cultural Competence, HIPAA, Psychological First Aid, and Department of Behavioral Health Disaster Training. Completed Homeless/McKinney Vento, AB1299, SB785, and Foster Youth Rights Trainings. Skilled in Strength-Based Assessments, Substance Abuse Interventions, Child/Elder Abuse Recognition, Culture of Poverty, and Severely Emotionally Disturbed Diagnosis and Interventions. Also trained in NIMS/SIMS and Grant Writing, with additional certificates available.

Additional References Available Upon Request